

Updates in GI & Hepatology 2025

Saturday, December 6, 2025, 8:00 AM - 2:30 PM

SLU Education Union Building, 1312 Carr Lane, St. Louis, MO 63104

Faculty Organizers: Dr. Tarek Nammour, Dr. Wing-Kin Syn

8:00 AM **Registration & Breakfast**

8:30 AM **Welcome Remarks**

Tarek Nammour, MD. Assistant Professor of Medicine, Advanced Endoscopy & Pancreatology, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

Session 1: New Perspectives in Liver Disease Management

8:35 AM ***Unexplained Cholestatic Liver Disease.*** **Wing Kin Syn, MD, PhD.** James F. King Chair in Gastroenterology, Professor of Medicine, Director, Division of Gastroenterology & Hepatology, Co-Director, Liver Center, Program Director, Research Track Fellowship, Saint Louis University Hospital

9:05 AM ***Management of Alpha-1 Antitrypsin Liver Disease.*** **Jeffrey Teckman, MD.** Professor of Pediatrics, Biochemistry, and Molecular Biology. Saint Louis University School of Medicine. Cardinal Glennon Children's Hospital

9:30 AM ***Keynote Lecture Visiting Professor. New Horizons in MASH: From noninvasive tests to FDA-approved treatments to clinical trials.*** **Naim Alkhouri, MD, FAASLD, DABOM.** Chief Medical officer, Chief of Transplant Hepatology, and Director of Steatotic Liver Program at Arizona Liver Health in Phoenix, Arizona.

10:00 AM ***Fellow's Case Presentation 1 Hepatology***

10:05 AM **Hany ElBeshbeshy, MD.** Associate Professor of Medicine, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

10:25 AM *Questions & Answers*

10:40 AM *Coffee Break*

Session 2: Advances in IBD, Endoscopy Quality and Neurogastroenterology

11:00 AM ***The High Quality Colonoscopy: Prep, Resection and Cancer Prevention.*** **Wissam Kiwan, MD.** Assistant Professor of Medicine, Advanced Endoscopy, Program Director Advanced Endoscopy Fellowship, Saint Louis University Hospital

11:20 AM ***Fellow's Case Presentation 2 IBD***

11:25 AM ***Game Changers in IBD: How Treatment is Evolving.*** **Manar Shmais, MD.** Assistant Professor of Medicine. Interim Director of IBD Program, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

11:45 AM ***Fellow's Case Presentation 3 Neurogastroenterology & Motility***

11:50 AM ***Opioids - The Good, The Bad and the Ugly.*** **Adam Farmer, MD, PhD,** Professor of Medicine, Director of Neurogastroenterology & Motility, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

12:10 PM *Questions & Answers*

12:20 PM *Lunch*

Session 3: Evolving Approaches in Pancreatic and Esophageal Disease

1:00 PM ***Introduction to Afternoon Session, Housekeeping, CME reminder***

1:05 PM ***Fellow's Case Presentation 4***

1:10 PM ***Diagnosis and management of neoplastic pancreas cysts: what every gastroenterologist should know. Antonio Cheesman Rocca, MD.*** Assistant Professor of Medicine, Advanced Endoscopy, Associate Program Director of Gastroenterology Fellowship, Director of Endoscopy, Saint Louis University Hospital

1:30 PM ***Chronic Pancreatitis: From Burden to Better Care. Tarek Nammour, MD.*** Assistant Professor of Medicine, Advanced Endoscopy & Pancreatology, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

1:50 PM ***Barrett's Beyond Biopsies: When to Escalate for Advanced Endoscopic Intervention. Marina Kim, DO.*** Assistant Professor Medicine, Advanced Endoscopy, Division of Gastroenterology & Hepatology, Saint Louis University Hospital

2:10 PM *Questions & Answers*

2:20 PM ***Closing Remarks***

Wing Kin Syn, MD, PhD, James F. King Chair in Gastroenterology, Professor of Medicine, Director, Division of Gastroenterology & Hepatology, Co-Director, Liver Center, Program Director, Research Track Fellowship, Saint Louis University Hospital



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1312 Carr Lane Ave,
St. Louis, MO 63104

Register Now:

<https://slu.cloud-cme.com/course/courseoverview?P=0&EID=17021>



Tarek Nammour, MD

Assistant Professor of Medicine
Gastroenterology, Pancreatology, & Advanced
Therapeutic Endoscopy
SSM Health | SLUCare Physician Group |
Saint Louis University School of Medicine
Course Director



Naim Alkhouri, MD, FAASLD, DABOM

Chief Medical Officer, Summit Clinical Research
Director of the Steatotic Liver Program
Clinical Research Institute of Ohio
Cleveland, OH
Visiting Professor
Guest Speaker

- For questions, please email: paula.zdanowicz@health.slu.edu
- Saint Louis University School of Medicine designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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